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Senior Care Company Launches Revolutionary Hospital to Home Care Program

New Home Care Assistance program educates patients and families on the discharge process, eases the transition home post-hospitalization and facilitates recovery at home

(Palo Alto, CA – January 3, 2012) [Home Care Assistance](#), the leading provider of in-home care for seniors, is proud to announce the Hospital to Home Care program, a comprehensive set of educational resources for families managing the difficult transition home after hospitalization. The program helps families prepare for discharge, manage the unique needs of post-hospitalization patients and coordinate recovery at home.

“The hospitalization and discharge experience is a source of tremendous anxiety for patients and their families,” said Lily Sarafan, President of Home Care Assistance. “Individuals are placed in a stressful situation, often without the resources they need to make the best long-term decisions for their loved ones. As the leading experts in post-hospitalization care, we wanted to provide families everywhere with the information and guidance they need to manage every step of the discharge process and recovery at home.”

The program is supported by the book, *From Hospital to Home Care*, written by Home Care Assistance co-founders Dr. Kathy Johnson, Dr. James Johnson and Lily Sarafan. The book provides a comprehensive overview of the challenges and resources associated with each step in the transition from hospital to the home, explains the discharge process from an inpatient hospital stay, outlines common issues associated with specific medical conditions, discusses the unique needs of recently hospitalized patients and emphasizes the importance of home care in patient outcomes and quality of life. Home Care Assistance is also excited to unveil [HospitaltoHomeCare.com](#), a free online resource for families seeking information about the discharge process and recovery at home.

“The entire Hospital to Home Care program is anchored in the belief that patients can recover and rehabilitate at home following a hospitalization,” said Kathy Johnson, CEO of Home Care Assistance. “Our clients benefit tremendously from a familiar home environment and their families enjoy peace of mind knowing that trained professionals are on hand to support their loved ones.”

Hospital to Home Care is part of a long-term initiative at Home Care Assistance to encourage recovery and rehabilitation at home while reducing avoidable hospital readmissions. Alongside the psychological and emotional benefits of recovery at home, patients also benefit from dedicated one-on-one support from a caregiver. In addition, patients avoid the infection risk associated with care facilities and enjoy greater freedom outside of an institutional setting.

“Our mission at Home Care Assistance is to change the world ages,” said Sarafan. “We have been able to help countless clients with their post-hospitalization recovery at home and now we’ve been able to transfer that expertise into informative resources for the public. By encouraging patients to recover at home and reducing avoidable hospital readmissions, we hope to re-shape how families and health professionals think about post-hospitalization care.

From Hospital to Home Care: A Step by Step Guide to Providing Care to Patients Post Hospitalization is available for pre-order on [Amazon.com](https://www.amazon.com) for \$17.95. A 16-page PDF guide to the discharge and recovery process is available for free at www.HospitaltoHomeCare.com.

For more information about Home Care Assistance or to learn more about the transition from hospital to home, please visit www.homecareassistance.com or call 1-866-454-8346.

ABOUT HOME CARE ASSISTANCE

Home Care Assistance is the leading provider of home care for seniors across the United States and Canada. Our mission is to change the way the world ages. We provide older adults with quality care that enables them to live happier, healthier lives at home. Our services are distinguished by the caliber of our caregivers, the responsiveness of our staff and our expertise in Live-In care. We embrace a positive, balanced approach to aging centered on the evolving needs of older adults. A 2011 Franchise500® Company, Home Care Assistance has received numerous industry awards including *Entrepreneur’s* Fastest-Growing Franchises and *Franchise Business Review’s* Top 50. For more information about Home Care Assistance, our services and franchise opportunities, visit homecareassistance.com or franchise.homecareassistance.com.